



## Chicken chickpea & Tagine hot pot



**Makes: Serves 3/4 people**

### Ingredients

4 chicken thighs  
4 medium carrots sliced  
1 onion chopped  
2 peppers sliced  
half a punnet of Sliced mushrooms 1 Stick of celery  
1 garlic chopped  
2 Tbs of olive oil  
Tsp of lazy ginger or dried ginger 3oz of dried apricots  
3 tsp of tomatoe paste  
2 tins of chopped tomatoes  
1 tin of chicks peas  
Salt and pepper to taste  
1 jars of Tagine flavouring

### Method

Put all ingredients in slow cooker Serve with 1/4 cup of quinoa